

3 DAY HSE FIRST AID AT WORK



Held at:- HSTS, Seaton House, Air Street,
Sculcoates Lane, Hull, HU5 1RR

DATES FOR 2011

Jan: 17-19th, 26-28th	Feb: 7-9th, 22-24th
March: 8-10th, 21-23rd	April: 4-6th, 13-15th
May: 9-11th, 25-27th	June: 7-9th, 22-22nd



THE COURSE

This is a Health & Safety Executive approved 3 day course that complies with the current Health & Safety (First Aid) Regulations 1981.

Students will gain the knowledge and confidence to treat and deal with situations that may arise in the workplace.

The course ends with practical and oral assessments and successful candidates will receive a nationally recognised FIRST AID AT WORK certificate.

This is valid for 3 years.

COURSE CONTENT

- Incident Management & the first aider
- Care of the unconscious patient
- Cardio Pulmonary Resuscitation (CPR)
- Recognition & treatment of shock
- Control of bleeding
- Personal hygiene/HIV/Hepatitis B
- Recognition & treatment of injuries to bones & joints
- Treatment of burns & scalds
- Treatment of eye injuries
- Treatment of poisoning
- Recognition & treatment of common major and minor illnesses
- First Aid equipment
- Legislation relating to first aid at work

The 4 Day First Aid at Work (FAW) course has been replaced with the new 3 Day First Aid at Work course and the 1 Day Appointed Person has now become Emergency First Aid at Work (EFAW).

Notes for delegates:

100% attendance is required.

Owing to the high practical content of our courses (including floor work) delegates are advised to wear appropriate clothing for their personal comfort. Delegates are welcome to use the kitchen facilities should they wish to bring their own lunch with them. However, if required, hot food and sandwiches can be ordered locally at the delegates' expense.

FEES

The fee, which includes light refreshments for mid morning and afternoon breaks, will be: £150.00 plus VAT

*For further details and bookings, please contact: Carol Gill on 01482 611896
or email c.gill@chambertraining.com*