

# 2 DAY HSE First Aid Refresher



Held at:- HSTS, Seaton House, Air Street,  
Sculcoates Lane, Hull, HU5 1RR

## DATES FOR 2011

Jan: 6-7th, 20-21st                      Feb: 1-2nd, 16-17th  
March: 3-4th, 14-15th, 30-31st      April: 7-8th, 18-19th  
May: 4-5th, 16-17th                      June: 1-2nd, 13-14th, 29-30th  
9.00am—4.30pm



## THE COURSE

This is a Health & Safety Executive approved 2 day course that complies with the current Health & Safety (First Aid) Regulations 1981. It is only available to first aiders who wish to renew their current FIRST AID AT WORK certificate.

Students will refresh their knowledge and learn any new procedures and techniques, which have been introduced since their last FAW course.

Students must be in possession of a current valid FIRST AID AT WORK certificate issued by a HSE approved training provider, this must be shown at the start of the course.

The course ends with practical and oral assessments and successful candidates will receive a nationally recognised FIRST AID AT WORK certificate. This valid for 3 years.

## COURSE CONTENT

- Incident Management and the first aider
- Care of the unconscious patient
- Cardio Pulmonary Resuscitation (CPR)
- Recognition and treatment of shock
- Control of bleeding
- Personal hygiene/HIV/Hepatitis B
- Recognition and treatment of injuries to bones and joints
- Treatment of burns and scalds
- Treatment of eye injuries
- Treatment of poisoning
- Recognition and treatment of common major and minor illnesses
- First Aid equipment
- Legislation relating to first aid at work

## Notes for delegates:

100% attendance is required.

Owing to the high practical content of our courses (including floor work) delegates are advised to wear appropriate clothing for their personal comfort. Delegates are welcome to use the kitchen facilities should they wish to bring their own lunch with them. However, if required, hot food and sandwiches can be ordered locally at the delegates' expense.

## FEES

The fee, which includes light refreshments for mid morning and afternoon breaks, will be: £85.00 plus VAT

***For further details and bookings, please contact: Carol Gill on 01482 611896  
or email [c.gill@chambertraining.com](mailto:c.gill@chambertraining.com)***