

1 DAY HSE Emergency First Aid at Work



Held at:- HSTS, Seaton House, Air Street,
Sculcoates Lane, Hull, HU5 1RR

Dates for 2011

Jan: 11th, 24th Feb: 3rd, 14th, 28th
March: 16th, 29th April: 1st, 12th, 26th
May: 12th, 23rd June: 6th, 16th, 27th
9.00am-4.00pm



THE COURSE

This course is designed to equip delegates with the knowledge, skills and confidence to apply basic life saving techniques in an emergency first aid situation. Performance and knowledge assessments by trainer take place throughout the course.

COURSE CONTENT

- Incident Management & the first aider
- Care of the unconscious patient
- Cardio Pulmonary Resuscitation (CPR)
- Recognition & treatment of shock
- Control of bleeding
- Hygiene procedures
- Recognition & treatment of injuries to bones & joints
- Treatment of burns & scalds
- Treatment of poisoning
- Recognition & treatment of common major and minor illnesses
- First Aid equipment
- Legislation relating to first aid at work

Notes for delegates:

100% attendance is required.

Owing to the high practical content of our courses (including floor work) delegates are advised to wear appropriate clothing for their personal comfort. Delegates are welcome to use the kitchen facilities should they wish to bring their own lunch with them. However, if required, hot food and sandwiches can be ordered locally at the delegates' expense.

FEES

The fee, which includes light refreshments for mid morning and afternoon breaks, will be: £50.00 plus VAT

***For further details and bookings, please contact: Carol Gill on 01482 611896
or email c.gill@chambertraining.com***